

CCHS CHEER SQUAD

NEW MEMBER INFORMATION 2024-2025

Welcome to the Corner Canyon Cheer and Stunt Team! We are so excited to have you and cannot wait to start on our cheer journey with you this year. On this sheet is some very important information for next few weeks.

Please read it carefully and make sure that this information gets to your parents as well! See you soon....

Love, Whitney

Ankle Weights:

This year we are requiring each Corner Canyon cheerleader to purchase their own set of ankle weights. The ankle weights will be used in jump training and will help us to improve our jumps in height and flexibility. We recommend no heavier than 1.5-pound ankle weights. Weight beyond that gets extremely difficult to use for long periods of time. We are asking that each girl come to the first practice with her ankle weights in hand. We will write names on each item and keep them in the cheer closet so that they are easily accessible whenever we need to use them. That way girls don't have to remember to bring them to practice every time! P.S. The ones with straps stay on way better when jumping than the Velcro ones!

First Practice:

Our first practice will be held on Monday, April 8th @3:00 pm. Practice will last until 6. We will have MANDATORY uniform fittings on Tuesday, April 9th. You will also practice Wednesday and Thursday next week, and M, W, TH from 3-6 will be your regular practice schedule until school gets out. All practices are MANDATORY, and missing practices will count against the girls and their absence count. For more information about the schedule, check the cheer website at cornercanyoncheer.weebly.com.

Mandatory Parent Meeting:

Our first parent meeting of the year will be held on Monday, April 8th @6:30 pm in my classroom. If you don't know where my room is, feel free to meet me in the gym since we will just be wrapping up practice at that time. We are requiring that at least one parent for each girl is present at this meeting. We will be going over rules and policies, talking finances, planning our opening social, talking about cheer camp, and signing up for parent committees throughout the year. This program cannot function without the parents, and this meeting is the first step to making everything run smoothly.

Mandatory Uniform Fitting:

Tuesday, April 9th will be our MANDATORY uniform fitting. The fittings will begin at 2:30 for Juniors and Seniors, and at 3:00 for Freshmen and Sophomores. All uniform fittings will be held in my classroom. It is extremely important that each of the girls is there in person to try on their uniforms and all of the gear that we will be ordering. Their presence is the only way to ensure that they get the correct sizes and lengths for everything...especially their uniform tops and skirts. Please make sure that your daughter is present and wearing a sports bra and spankies!!! You are more than welcome to come as well to offer your advice and input for your particular daughter's uniform and gear.

As always, I am available to answer any questions or offer assistance in any way that you need. My biggest thing is communication so feel free to come to me with questions or concerns. I can't solve problems that I don't know about!!! Thanks for all of your help and support. We are really excited for this cheer year!

My email: whitney.lunt@canyonsdistrict.org

My Phone: (385) 208-9235